**HIGHLIGHTS FROM THE 2010 FORM 5500 GROUP HEALTH PLANS REPORT**

The universe of group health insurance plans filing a Form 5500 is diverse and complicated. Varying benefit structures, funding arrangements, and relationships to insurance are all major components of the complexity. For purposes of generating this report, EBSA classified private sector employer-sponsored group health employee benefit plans as either self-insured, fully-insured, or mixed-insured. Appendix A1 at the end of this report provides more information on the classification methodology. Additionally, the methodology for selecting data underlying this report is based upon Form 5500 plan year end dates, meaning all employer-sponsored group health employee benefit plans with plan year ending dates in 2010 are included.

Other findings from private sector employer-sponsored group health plans filing Form 5500 series welfare reports for plan year 2010 are summarized below.

* In 2010, fewer than 20,000, or 41 percent, of the approximately 49,000 private sector employer-sponsored group health plans that filed a Form 5500 can be categorized as self-insured. Of the remaining 29,000 group health plans, approximately 4,000 can be categorized as mixed-insured, and 25,000 can be categorized as fully-insured. (See Table A1.)
* Of the 49,000 group health plans mentioned above, 83 percent offered other welfare benefits in addition to health benefits (such as dental, vision, life, disability, etc.). Of these 40,000 plans, 9 percent can be described as having both self-insured and fully-insured characteristics (mixed-insured) for their health benefits. Fifty-three percent of these plans can be described as having fully-insured health benefits. The remaining 37 percent can be described as having self-insured health benefits. (See Table A1.)
* Fifty-three percent of all private sector single employer group health plans that filed a 2010 Form 5500 provided fully-insured health benefits to their employees. Multiemployer group health plans were much less likely to provide fully-insured health benefits; only 5 percent of those plans did so in 2010. (See Table A2.)
* Approximately 19,000 of the group health plans categorized as self-insured are single employer plans; the remaining 1,000 are multiemployer plans. Of the 4,000 group health plans categorized as mixed-insured, the majority are single employer with fewer than 1,000 being multiemployer plans. Nearly all of the 25,000 group health plans categorized as fully-insured are single employer with fewer than 100 being multiemployer plans. (See Table A2.)
* Nearly three-quarters of the group health plans categorized as self-insured covered more than 100 participants and did not operate a trust. Approximately 57 percent of all mixed-insured group health plans and nearly all of the fully-insured group health plans covered more than 100 participants and did not operate a trust. (See Table A2.)[[1]](#footnote-1)
* In total, group health plans that filed a Form 5500 held about $194 billion in assets as of the end of 2010. Self-insured group health plans held approximately $58 billion; mixed-insured group health plans held less than $136 billion; and just $27 million was held by fully-insured group health plans. (See Table A2.)
* Self-insured group health plans covering 100 or more participants held approximately 26 percent of their assets in cash and U.S. Government Securities, 18 percent in direct filing entities, 17 percent in mutual fund companies (registered investment companies), 11 percent in debt instruments, and 10 percent in stock. Mixed-insured group health plans covering 100 or more participants held approximately 19 percent of their assets in cash and U.S. Government Securities, 12 percent in direct filing entities, 9 percent in mutual fund companies, 10 percent in debt instruments, and 32 percent in stock. Fully-insured group health plans covering 100 or more participants held approximately 21 percent of their assets in cash and U.S. Government Securities, 0 percent in direct filing entities, 11 percent in mutual fund companies, 11 percent in debt instruments, and 47 percent in stock. (See Table A6.)
* Form 5500 group health plan filers reported more than $26 billion in liabilities as of the end of 2010: almost $10 billion was reported by self-insured group health plans, $16 billion by mixed-insured group health plans, and $6 million by fully-insured group health plans. (See Table A2.)
* Approximately 44 percent, or 30 million, of the over 68 million participants in group health plans filing a 2010 Form 5500 were covered under self-insured group health plans. (See Table A2.)
* Of the 49,000 group health plans that filed a 2010 Form 5500, approximately 19,000 indicated a funding arrangement of insurance only, nearly 3,000 indicated a funding arrangement of a trust only, and 18,000 indicated a funding arrangement of general assets of the sponsor and insurance. The remaining 9,000 group health plan filers indicated some other combination of funding arrangements or did not report any arrangement. (See Table A7.)
* Overall, group health plans reported on their 2010 Form 5500 receiving approximately $138 billion in contributions in 2010, more than $110 billion contributed by the employers and $25 billion contributed by the plan participants. All but $735 million was contributed to plans with more than 100 participants. (See Table A4.)
* In 2010, group health plans filing a Form 5500 that used trusts posted investment income gains of over $22 billion, of which approximately $4 billion was gained by self-insured group health plans, $18 billion by mixed-insured group health plans, and less than $2 million by fully-insured group health plans. (See Table A4.)
* Self-insured group health plans that filed a 2010 Form 5500 and used trusts made benefit payments of about $39 billion directly to participants and less than $7 billion to insurance carriers for the provision of other insured benefits. Mixed-insured group health plans made benefit payments to participants totaling about $59 billion and made payments to insurance carriers of $28 billion. (See Table A5.)
* In total, group health plans filing a 2010 Form 5500 reported approximately $8 billion in administrative expenses.[[2]](#footnote-2) Self-insured group health plans reported more than $3 billion; mixed-insured group health plans reported approximately $4 billion; and fully-insured group health plans reported approximately $4 million. (See Table A5.)

1. However, this is a data restriction that results from the filing exemption provided to welfare benefit plans covering fewer than 100 participants (small plans) which are unfunded, fully-insured, or a combination of insured and unfunded. For more information on filing requirements and exemptions, please see Appendix A1. [↑](#footnote-ref-1)
2. Administrative expenses are reported on the Form 5500 Schedule H – Financial Information, Part II – Income and Expense Statement, line number 2(i) – Administrative expenses. Administrative expenses are reported on the Form 5500 Schedule I – Financial Information, Part I – Income, Expenses, and Transfers for this Plan Year, line number 2(h). Administrative expenses are reported on the Form 5500-SF, Part III – Financial Information, line number 8(f). [↑](#footnote-ref-2)